[

{

"id": "study001",

"title": "Efficacy of Diuretics in Postmenopausal Women with Hypertension",

"population": "female",

"age\_range": "50-70",

"condition": "hypertension",

"treatment": "Thiazide diuretics",

"outcome": "Improved blood pressure control compared to ACE inhibitors",

"recommendation": "Thiazide diuretics should be considered as first-line treatment in postmenopausal women.",

"tags": ["hypertension", "female", "postmenopause", "diuretics"],

"source": "https://pubmed.ncbi.nlm.nih.gov/22450343"

},

{

"id": "study002",

"title": "Gender Differences in ACE Inhibitor Side Effects",

"population": "female",

"age\_range": "45-65",

"condition": "hypertension",

"treatment": "ACE inhibitors",

"outcome": "Higher risk of persistent cough in women",

"recommendation": "Alternative antihypertensives should be considered in women experiencing side effects from ACE inhibitors.",

"tags": ["hypertension", "ACE inhibitors", "side effects", "female"],

"source": "https://pubmed.ncbi.nlm.nih.gov/22641036"

},

{

"id": "study003",

"title": "Undertreatment of Hypertension in Women",

"population": "female",

"age\_range": "30-70",

"condition": "hypertension",

"treatment": "various",

"outcome": "Women are less likely to receive guideline-based therapy",

"recommendation": "Clinical management of hypertension in women should be more proactive and based on current guidelines.",

"tags": ["hypertension", "undertreatment", "female", "guidelines"],

"source": "https://pubmed.ncbi.nlm.nih.gov/22615113"

},

{

"id": "study004",

"title": "Impact of Oral Contraceptives on Blood Pressure",

"population": "female",

"age\_range": "20-40",

"condition": "hypertension",

"treatment": "oral contraceptives",

"outcome": "Increased risk of hypertension with long-term use",

"recommendation": "In women with early hypertension, hormonal contraception should be reviewed as a potential contributing factor.",

"tags": ["hypertension", "oral contraceptives", "female", "young women"],

"source": "https://pubmed.ncbi.nlm.nih.gov/11358928"

}

]